



**DOLLAMUR**  
SPORT SURFACES

## Proper Care & Handling

Standard Carpet  
Gymnastics / Cheer  
Mat



Take care in removing packaging from each roll. Using a sharp object such as a utility knife can damage mat if it cuts through packaging material.



The standard carpet/foam rolls must be rolled with the carpet side facing out.



A two-wheeled dolly is an easy way to transport rolls.



**Caution: This booklet is for the Standard series of Dollamur Mats only. If you have the Flexi-Roll series of Dollamur Mats, please consult appropriate booklet.**

## STANDARD CARPET GYMNASTICS / CHEER MAT

Thank you for purchasing a Dollamur Mat. We appreciate your business and value you as a customer.

Dollamur mats are guaranteed for three years from the date of purchase against defective materials and workmanship. Familiarize yourself with the following instructions for years of trouble-free use.

**Please read the following instructions carefully before using your Dollamur mat.**

### ASSEMBLY

Once the outer packaging has been carefully removed from each roll, the mats should be placed on their side (fig. 1).

Next the Velcro straps around them should be unfastened.



Figure 1

Notice the way the mats are rolled, carpet side facing out (fig. 2). This is how the mats should be rolled for storage and transport. Never reverse-roll the mats. This will cause creasing and wrinkling of the carpet surface. Unroll the mats so that the carpet side is now facing down.



Figure 2

Flipping a roll requires three people, one at each end of the mat and one in the middle (fig 3).



Figure 3

Each person should grab the edge of the mat and lift up, keeping the mat as flat as possible (fig. 4).



Figure 4

If done properly, the mat should stay almost completely flat while flipping (fig. 5).



Figure 5

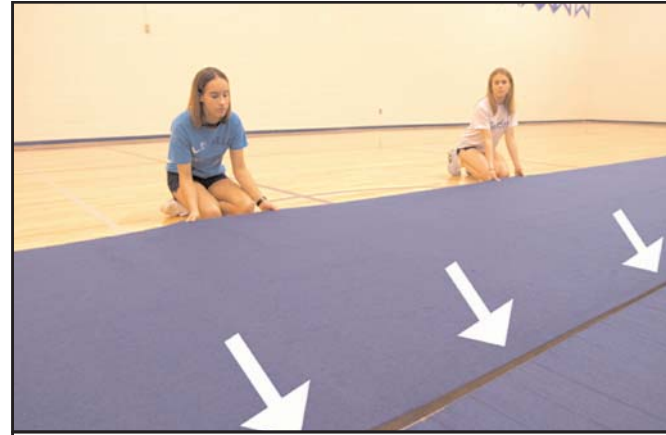


Figure 6

Once all of the rolls have been flipped carpet side up, push them together to form one large mat surface (fig. 6). Do not kick the edge of the rolls to position them.



Figure 7

Always grab the edge of the roll with your hands and push it into place slowly to avoid damaging the edges of the mat (fig. 7). Never bend the rolls backwards.



Figure 8

After the individual rolls have been lined up side by side, eliminating any gaps, center a Velcro strip over each seam (fig. 8) and secure it firmly to the carpet.

## STORAGE

Remove all Velcro. Flip each roll carpet side down using the same technique after unrolling mat (fig. 9 & 10).



Figure 9



Figure 10



Figure 11

Roll the mats back up, carpet side out (fig. 11).



Figure 12

Make sure to keep the edges square (fig. 12).

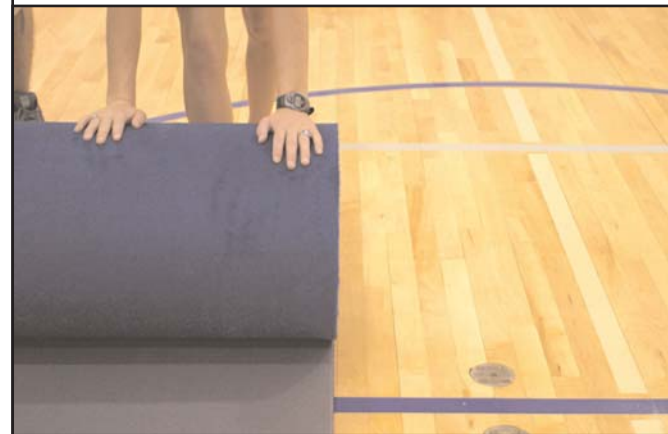


Figure 13

Keep the mat tight and avoid coning of the roll by moving slowly as the mat is rolled (fig. 13).

We recommend that you place a piece of scrap cardboard (fig. 14) at the end of the roll prior to attaching Velcro to protect your edges against permanent indentation.



Figure 14

Affix 2 Velcro straps approximately 18 inches from the edges of the roll, and 1 Velcro strap in the middle of the roll (fig. 15).



Figure 15

## MAINTENANCE

The carpet surface of the mat should be cleaned like normal carpet. Vacuum to remove all loose particles. Stains may be treated with a non-abrasive carpet cleaning solution. Spot test a cleaner on a small area before using it to remove a stain. Contact your Dollamur representative for additional cleaning and disinfecting methods.

## TEMPERATURE WARNING

If the rolls are exposed to prolonged, cold temperatures (Below 60°F, i.e. during shipping) or if they are stored for an extended period of time (3 months or more), they will require an acclimatization period of at least 48 hours before they can be unrolled without causing wrinkles to develop in the carpet. The adjustment time should increase accordingly with the severity of the storage and temperature conditions. Forty-eight hours is a minimum suggested interval of recovery and should be exceeded when possible. Extremely cold environments will cause an increase in foam density and will change the characteristics of the mat. When fitting to a custom area allow the mat 2 hours to relax before cutting to size. The rolls should be used only after they have reached room temperature. Dollamur mats are approved for outdoor use, however, if placed in direct sunlight the mat surface may become spongy and hot enough to burn. A hot mat will perform differently than a cool mat.

## DAMAGE TO ROLLS

Use care when transporting and storing the rolls. The mats should be stored away from any potential puncture risk and should be handled cautiously when transporting through doorways and around other obstacles. Mats should be stored upright on a smooth, flat surface. Should your rolls incur minor damage due to misuse or vandalism, contact your Dollamur representative for a repair kit.

## Warning For Your Safety

We urge you to carefully read and consider the product safety warning section that follows. It is included to increase your awareness of the precautions that must be enforced in your gymnasium or sports facility to reduce the possibility of injury.

Any activity involving motion or height creates the possibility of serious injury including permanent paralysis and even death, from landing or falling on the neck, head or other parts of the body.

You assume a risk of serious injury in using these mat products. However, this risk can be reduced by strictly following these rules at all times:

1. Use your mat surfaces ONLY under the supervision of trained and qualified instructors.
2. Tumbling and other sports activities must only be undertaken when the participants are protected by proper matting. If in doubt concerning proper matting, do not use the product.
3. Know your own limitations and the limitations of the mat product. Follow progressive learning techniques and always consult an instructor.
4. Before each use, always check mats for damage or wear including tears and flattening of energy absorbing material. If in doubt, do not use the product.
5. Mats can move during use. Before each use, always check for proper positioning of the product.

### **Dollamur Sport Surfaces**

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